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STAR OF MYSORE

OUR EVENING DAILY

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E-mail: voice@starofmysore.com
ad@starofmysore.com

MYSURU Wednesday 30th September 2020
City Offices: K.R. Circle Ph: 2431774
Devaraja Urs Road Ph: 2428695
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Palace decked up to welcome Jumbos

Ahead of Dasara festival, workers can be seen painting images of an elephant and the Gandaberunda, the royal emblem, at the Palace premises this morning. Picture right shows the elephant structures made of floral foam bricks. Tomorrow evening flowers will adorn these jumbo structures in preparation to welcome five Dasara elephants to the Palace on Oct. 2 in a traditional but simple manner. *[See also page 6]*

Mysuru, Sept. 30 (MTY&KS)- Mysore Palace, the centre of attraction this Dasara, was abuzz with activities this morning as workers were busy installing elephant models and painting images of elephants and the royal emblem Gandaberunda.

The work on installing six metal elephant structures with floral foam bricks placed on them and tempering them with water was going on. These structures will be adorned with variety of flowers tomorrow and also two days before the commencement of Navarathri (Oct. 17).

The elephant models will be kept on either side of Jayamarthanda Gate from where the Dasara elephants will enter the Palace on Oct. 2. Flower pots are also being arranged to decorate the Palace premises for the festival. Meanwhile, five Dasara elephants — Abhimanyu, Gopi, Vikram, Kaveri and Vijaya — which were selected to take part in this year's simple Dasara is set to arrive in city tomorrow. They will be housed at Aranya Bhavan in Ashokapuram for a day where their health check-up would be conducted.

The Dasara elephants would usually march from Aranya Bhavan to the Palace, but this year, they would be brought to Palace in trucks to prevent people from crowding amid COVID-19.

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Babri Masjid Demolition Case

Advani, Joshi, Uma Bharati and all others acquitted

Lucknow, Sept. 30 (Agencies)- A special CBI Court acquitted all 32 accused in Babri Masjid demolition case, including former Deputy Prime Minister L.K. Advani, former Union Ministers Murli Manohar Joshi and Uma Bharati, of criminal conspiracy charges, 28 years after the structure was demolished in Ayodya.

Reading out 2,000 pages, Judge S.K. Yadav said the demolition was not 'pre-planned' and there is no conclusive proof against the accused.

The Court said a local intelligence report had cautioned in advance that unexpected sequence of events can take place on Dec. 6 but it was left unattended. The leaders present at the site during the demolition were trying to stop the mob and not incite them. Stone-pelting started from behind the disputed structure. VHP leader Ashok Singhal wanted to keep the structure safe because it had statues of Hindu deities. There is not enough evidence to support the charges that there was a conspiracy to demolish the mosque, the Judge observed.

Mysuru COVID-19 UPDATE

Figures as per Government Media Bulletin released last evening

Positive cases yesterday	:	414
Total positive cases	:	33,954
Discharges yesterday	:	350
Total discharges	:	26,471
Deaths yesterday	:	7
Total deaths	:	731
Total active cases	:	6,752

Prevent the spread of
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A' Block, J.P. Nagar, Mysuru-570 008. Mob: 9845107907

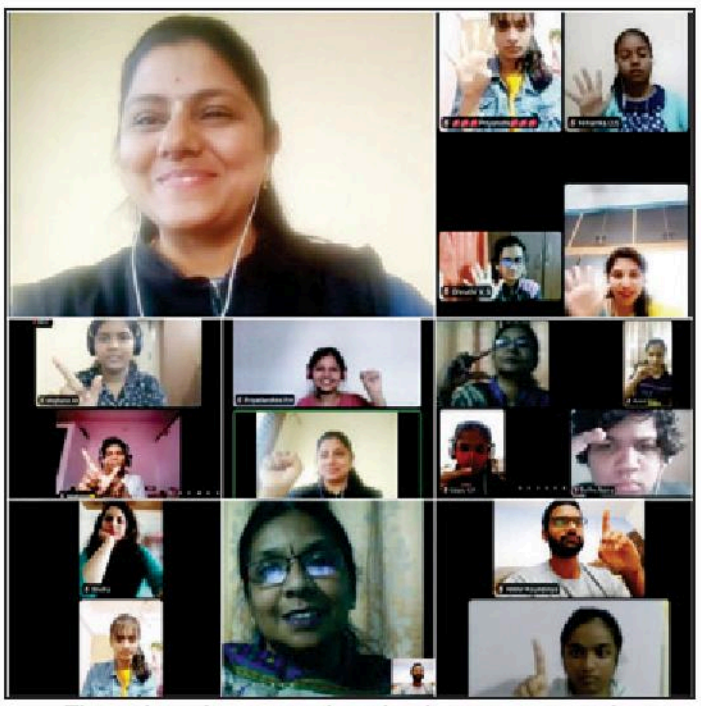
STAR OF MYSORE

"We believe comment is free, but facts are sacred."

Editor: M. GOVINDE GOWDA, M.A.

Mysuru, Wednesday 30th September 2020

International Sign Language Day celebrated



The trainer demonstrating sign language to students and other participants.

Mysuru, Sept. 30 - The Confederation of Indian Industry (CII), Yi Mysuru Chapter, celebrated World Sign Language Day recently.

Kanchan S. Sharma, an expert trainer in sign languages, demonstrated basic sign language communication to school children from Capitol Public School, Mysuru, virtually.

More than 65 school children learnt basic signs to communicate such as Weekdays, Numbers & Alphabets with Nonverbal Communication.

These children were from the age group of 14 to 16 years and learnt how to communicate effectively on basic gestures and hand movement to help differently abled people at public places. This new initiative will help to adopt ways in providing equal access and equal opportunity to differently abled people.

Kanchan Sharma developed passion for sign language while supporting candidates with hearing impaired to get placed in various organisations. She was also supporting candidates at JSS Polytech for Differently Abled to get their initial training after placement.

A total of 65 students along with the Principal of the school Annie Joseph and few faculty members, Nikhil P. Koundinya, Co-Chair Yi Mysuru, other Members of Yi Mysuru were present, according to a press release.

EDITOR'S BOTTOMLINE

The new National Education Policy (NEP) 2020 aims to provide "universal access to quality education…" and bridge the "gap between the current state of learning outcomes and what is required… through undertaking major reforms that bring the highest quality, equity and integrity into the system, from early childhood care and education through higher education". It suggests that where it differs from previous policies is that in addition to the issues of access and equity, the present policy lays an emphasis on quality and holistic learning. The fundamental problem in achieving quality, equity and integrity in education, the stated objectives of the new NEP, is confusion on the part of successive Governments between policy-making for human resource development and economic policy. On the one hand, the Ministry of Human Resources Development repeatedly says that quality and equity are the cornerstones of good education. On the other the economic policies consider education a consumer good which can be sold to the highest bidder. No amount of tweaking the methods of admission can address this contradiction. Only a resolute Government, determined to ensure that economic policy facilities quality and equity in education, can do it. *— George Thomas in The Hindu*

NEWS SPARKLERS

Man allegedly reports mother for kicking him out of her house

Mexico city: A Mexican man allegedly reported his own mother to the authorities after she kicked him out of the house, because he didn't want to get a job or at least help with chores.

It was reported that one Christian Uriel, a 30-year-old man, who denounced his own mother and aunt before the Mexican Prosecutor's Office, accusing them of assault and harassments. The young man claimed that he was beaten out of the house by the two women, who also threw water on him.

What he failed to tell the authorities was that he had been living at his mother's house for months, free of charge, without contributing to the family budget or even helping out with chores.

Stunning body-paintings that glow under black light

California: Artist John Poppleton is gaining a lot of attention on social media for his body-painting arts. He combines his love of painting and his knowledge of photography to create stunning landscapes that glow under black light.

Poppleton's Bodyscapes feature mesmerizing scenes – right from summery African savannas to electric lighting storms – on the soft curves of the human form. The breathtaking images usually span out from the model's back, branching out on to the arms, legs, neck, and even the head. His unique style and the type of scenes that he chooses to paint have earned Poppleton the title 'Bob Ross of Black Light Body Painting'.

The idea came to Poppleton early one morning in 2010, when he happened to be sitting in a hotel bed. But that morning his lifelong fascination of black lights, the human body, and the world around him "unexpectedly collided."

HEALTH CAPSULE by Bron Smith

What's the difference in nutrient content between red and green bell pepper?

Bell peppers are a member of the nightshade family. A red bell pepper is a simple green bell pepper that has ripened. Red bell peppers contain almost 11 times more beta-carotene than green ones, and 1 $^{1}/_{2}$ times more vitamin C.

** Health Capsules is not intended to be of a diagnostic nature.*

COVID-19 UPDATE

Mandya

Figures as per Government Media Bulletin released last evening

Positive cases yesterday	:	259
Total positive cases	:	10,801
Total discharges	:	8,590
Total deaths	:	102
Total active cases	:	2,109

Chamarajanagar

Positive cases yesterday	:	122
Total positive cases	:	3,996
Total discharges	:	3,051
Total deaths	:	73
Total active cases	:	861

Kodagu

Positive cases yesterday	:	57
Total positive cases	:	2,649
Total discharges	:	2,143
Total deaths	:	36
Total active cases	:	470

Hassan

Positive cases yesterday	:	475
Total positive cases	:	16,419
Total discharges	:	12,765
Total deaths	:	288
Total active cases	:	3,366

Really...?

- *The Mimic Octopus can not only change colours, but will mimic the shapes of other animals, like the flounder, lionfish, and sea snakes.*
- *Caterpillars completely liquify as they transform into moths.*
- *Woolly Mammoth was around when Egyptian Pyramids were being built.*

LAUGHTER THE BEST MEDICINE

Math Teacher: *Sara, what do you get when you subtract 897 from 1,824 and add 176 and divide the answer by 3 ?*

Sara: *A Headache Madam !!*

Today's Currency Rate

1 US Dollar	= Rs. 73.81
1 UK Pound	= Rs. 94.62
1 UAE Dirham	= Rs. 20.09
1 Euro	= Rs. 86.55

VOICE OF THE READER

MCC house tax payment:
Ordeal of senior citizens

Sir,

Further to recent letters in this column regarding payment of house tax, I wanted to share my experience in this regard.

Myself along with my father who is a senior citizen went to the MCC office at Yadavagiri to pay house tax. We went promptly at 10.15 am.

There was only one official at the office and we were told the concerned people — one to give us the print out of total payable tax and the bank staff — are yet to come.

We waited for another half hour. Only the bank staff member had come. The other official who has to key data in his system and give us the print had neither come nor was there any update. After repeatedly asking around, we were told he has been sent to another office and we need to come back at 4 pm.

I again went in the afternoon at 3.30 pm. The concerned person had come and after verifying details that were already present in the form, he gave the print out. I went to the next desk where the lady from bank was seated. She promptly informed that counter for payment closes at 3 pm! If the staff knew it, why was I told in the morning to come at 4 pm?

The next day, in third visit, I could finally make the payment.

With this kind of inefficient staff harassing common public to run around to make a payment, imagine the plight of senior citizens.

Hopefully MCC Commissioner will do something to bring in discipline in his team.

— S. Srinivasan
on e-mail

Mysuru
28.9.2020

DC asks Health Dept. to reduce COVID-19 deaths

Mysuru, Sept. 30 (SSV)- The new Deputy Commissioner of Mysuru Rohini Sindhuri reviewed COVID-19 situation in the district and also preparations for Dasara-2020 which will begin from Oct. 17.

Soon after assuming charge, she chaired a meeting here yesterday. The DC was informed that 70 static teams and 30 mobile teams were functioning in the district to conduct COVID-19 test. Health Department sought her permission to form more number of teams to deal with the growing number of Corona Positive cases across the district. She gave permission to form another 25 mobile teams and also required number of lab technicians and data entry operators.

Rohini also permitted to purchase 20,000 Viral Transport Medium (VTM) kits from the district administration funds in the wake of delay in the supply of the same from Health Department. The VTM kits are needed for the collection of samples from patients.

She directed officials concerned to take all measures to reduce the casualty due to the pandemic, and also said a meeting of all nodal officers deployed in COVID-19 duty will be convened soon to take stock of prevailing situation in the district.

MCC Commissioner Gurudatta Hegde, Additional Deputy Commissioner B.S. Manjunathaswamy, District Health and Family Welfare Officer Dr. Venkatesh, District Surveillance Officer Dr. Shivaprasad, Family Welfare Officer Dr. Ravi and others were present.

Ramdas holds meeting to check Corona

Mysuru, Sept.30 (SBD&SSV)- In the wake of spike in Corona positive cases in city, MLA S.A. Ramdas held a meeting of officials from various Departments and office-bearers of several associations at his office in Vidyaranyapuram recently.

He took stock of the situation and stressed on the need to create more awareness among the citizens. The MLA said problems are in plenty post-COVID-19 outbreak resulting in shortage of ventilators and oxygen, scarcity of beds and increased casualty due to non-availability of treatment on time.

Chief Minister B.S. Yediyurappa has been requested to direct the District Administration to issue directions to private hospitals to reserve 50 per cent of beds for Corona positive patients as being done in Bengaluru and Mangaluru cities, he said.

Underscoring the need for compulsory test for all Government employees, Police and factory employees and their family members, Ramdas directed Police to act tough on those under home isolation but freely moving in public places.

While people must wear face mask compulsorily and maintain safe distancing, traders must not allow people without masks to enter their business premises, he observed. Fast food stalls must tell customers about safety, and use only disposable paper plates and cups, he said.

The MLA said many have become unemployed post Corona pandemic and they will undergo suitable training under the Government of India Skill Development Scheme to secure new jobs.

MCC Commissioner Gurudatta Hegde, District Health Officer Dr. Venkatesh and representatives of Industries Association, Hotel Owners' Association, Cinema Hall Owners' Association, Devaraj Urs Road Traders' Association, Jain Association and Blood Donors' Association were present at the meeting.

B. Sharat appointed as
Silk Marketing Board MD

Mysuru, Sept. 30- Outgoing Deputy Commissioner (DC) of Mysuru B. Sharat has been appointed as Managing Director (MD) of Karnataka Silk Marketing Board Limited (KSMB).

Within a month of taking charge as Mysuru DC, the Karnataka Government had transferred Sharat on Monday but had not allocated any post to him and posted IAS Officer Rohini Sindhuri in his place.

Leaders of Bhovi community had expressed displeasure over his sudden transfer. The Government has now appointed Sharat as MD of KSMB.

Promoted as
KUWS&DB SE

Mysuru, Sept. 30- Karnataka Urban Water Supply and Drainage Board (KUWS&DB) Executive Engineer **Prasanna Murthy** has been promoted as Superintending Engineer (SE). He had been recently transferred to Dharwad from Mysuru and will be retiring today (Sept. 30, 2020).

EVENTS TODAY (SEPT. 30)

- **Forest Department and Asian Elephant Support (AES):** 'Mysuru Dasara Aanegalu' - Series of webinar through Zoom Meeting [Meeting ID: 993 8807 7334; Passcode: 581092], **5.30 pm.**
- **Mysuru Akashavani:** Re-telecast of 'Belli Beragu - Mysuru Koduge' series, Journalist Ganesh Amingad provides information on Mysuru talents who worked for Cinema, Akashavani 100.6 FM, **5 pm.**

EVENTS TOMORROW (OCT. 1)

- **Mysuru Akashavani:** 'Belli Beragu - Mysuru Koduge' series, Journalist Ganesh Amingad provides information on Mysuru talents who worked for Cinema, Akashavani FM 100.6, **11 am.**
- **Forest Department and Asian Elephant Support (AES):** 'Mysuru Dasara Aanegalu' - Series of webinar through Zoom Meeting [Meeting ID: 993 8807 7334; Passcode: 581092], **5.30 pm.**

KARNATAKA STATE ROAD TRANSPORT CORPORATION
Mandya Division, Mandya

No: KST/MDY/TR/Com/343/2020-21 Date : 29-09-2020

Negotiation Notification - 12/2020-21

KSRTC, Mandya Division has invited tenders for Advertisement through e-procurement mode, the interested individuals/parties/contractors/Agencies/Firms/Social organizations etc., are eligible to bid for (Bidders should possess Digital Signature Keys from e-procurement cell) **Hoardings, Arch, Unipoles, Glow Sign Boards, Platform Boards, Pillar Boards Advertisements at all Bus-stands of it's jurisdiction.** The period of contract is 05 years. Download negotiation documents from **www.ksrtc.in** website. Submitting Negotiation application and Application fee & EMD D.D's submission date: **27.10.2020 at 10:30 a.m. to 28.10.2020 at 17:00 hrs.** and Negotiation will be held on Date: **29.10.2020 at 11:30 a.m.** For more details contact **KSRTC, Mandya Division, Mandya** or Contact No: **77609960652, 7760990661, 7337680837.**

Sd/-
Divisional Controller
KSRTC: Mandya Division, Mandya

DIPR/DDU/1240/MAA Communications/2020-21

PUBLIC NOTICE

Under instructions from my clients Smt. Vidya. J.H, W/o P.Vijayakumar Gokulam, Mysuru, Smt. P.V. Rajalakshmi, D/o Venkatachala, Jayanagara, Bengaluru, Smt. Nagamma D/o Madaiah of H.D. Kote Town, I given the public notice for the following reasons. That the first of my client Smt. Vidya.J.H purchased 3 acres 25 guntas out of 4 acres 25 guntas in Sy. No.100/1 of Hommaragalli Village, H.D. Kote Taluk. Similarly the second of my client Smt.P.V. Rajalakshmi purchased 6 acres 9 guntas in Sy. No.21/1 at Hampapura Village, H.D. Kote Taluk, 3rd of my client Smt. Nagamma purchased 1 acre 9 guntas in Sy. No.20/1 of Hampapura Village, H.D. Kote Taluk, (later obtained the alienation), under different 3 registered sale deeds. My clients have been in possession and enjoyment of their respective lands. But one Ravikiran filed the FDP No.16/2005 against Melappa and others for partition of his joint family properties. But intentionally added the above said Sy. No.'s in FDP proceedings. My clients by known the said fact approached the Hon'ble High Court of Karnataka and obtained an order to challenge the above said FDP" proceddings, The said case is pending on the file the Hon'ble III Addl. Senior Civil Judge at Mysuru and posted to 02/11/2020. The above said Ravikiran by suppressing the facts trying to sell the lands stands in the name of my clients with intention to make wrongful gain. Hence public hereby called upon not to have transaction pertaining to the above said lands with Ravikiran. Inspite of this if any persons indulged in any transaction they themselves held responsible for the consequ ences. In case of any transactions the same does not bind my clients. Hence this notice.

Sd/- C. APPAJI GOWDA,
B.Sc., LL.B., ADVOCATE. KAR :339/
80 # 1531, II Floor, Navagraha Street
K.R. Mohalla, MYSURU-570 004, Mob:
Date : 29-09-2020 9845244498

NEWS BRIEFS

Online programme on environment

To create awareness on environmental issues and conservation, WWF (World Wildlife Fund) - India, in association with Department of Public Instruction and Karnataka Rajya Vijnana Parishat, has organised a online programme 'Ondu Bhoomi Ondu Mane' on environmental conservation for 1st to 8th standard Government School and Government-Aided School students of the State. The programme which will be telecast online for half-an-hour every week from the month of September to November this year, can be accessed by registering through Google link and Facebook. Participants can also answer to the simple questions asked at the end of the programme and send their feedbacks. Participating schools, teachers and students will get digital certificates of participation. For details, call Mob: 94488-57122.

New team for JITO

Chandragupta Mahaveer

Following are the new office-bearers of Jain International Trade Organisation (JITO) for 2020-22, who were elected at the General Body Meeting held on Sept. 27: Chairman: Chandragupta V. Jain, Vice-Chairmen: Bherulal Pitliya and Arun Bafna, Secretaries: Amarchand Jain and Jay Kumar Salecha, Treasurer: Manohar Sankla, Jt. Treasurer: Kiran Kumar Jain and Member and PRO: Rajan Baghmar. Chief Returning Officer Maneesh Shah declared the new elected team. Chief Secretary Mahaveer P. Jain Gadiya proposed a vote of thanks.

KRS Water Level

(Maximum : 124.80 feet)

Today	124.72 ft
Yesterday	124.50 ft
Inflow	7,253 cusecs
Outflow	5,913 cusecs

Kabini Level

(Maximum : 2,284.00 feet)

Today	2,283.87 ft
Inflow	2,723 cusecs
Outflow	2,521 cusecs

Harangi Level

(Maximum : 2,859.00 feet)

Today	2,858.88 ft
Inflow	1,215 cusecs
Outflow	1,300 cusecs

Man allegedly murdered over petty reason

Mysuru, Sept. 30 (RK&KS)- An incident of a man allegedly murdering his friend by hitting him on the head with a liquor bottle over petty reason, has taken place at Udayagiri on Monday evening.

The deceased is Srinivas (35), a resident of CITB Colony, near Sri Shaneshwaraswamy Temple at Udayagiri. The accused has been identified as Gangaraj alias Ganga, who is the friend of the victim. Udayagiri Police have taken Ganga into custody and are interrogating him.

Srinivas, who was an auto driver, had quit the job as he was not getting good rent due to COVID-19 pandemic and had taken up painting works. Victim Srinivas and accused Ganga were friends since a long time. Both used to go to work together and used to consume liquor together.

On Sept. 28 at about 2 pm, Ganga, who went to Srinivas' house, abused him for breaking glass at his (Ganga) house and took Srinivas along with him. But at about 7 pm, one Manja came to Srinivas' house and told his mother Chikkiramma that someone had hit Srinivas badly and he was lying unconscious.

Manja then took Chikkiramma and other family members in his auto to Ganga's house, where they saw Srinivas in an unconscious state, resting against a wall in a sitting position with blood oozing near his right eyebrow and ear. They also saw broken bottle pieces in Ganga's house and immediately rushed Srinivas to K.R. Hospital, where the doctors declared him dead.

Udayagiri Police, who have registered a case under IPC Section 302, arrested Ganga and are investigating, according to a press release from DCP Dr. A.N. Prakash Gowda.

Beggar found dead

Mysuru, Sept. 30 (RK&KS)- An unidentified beggar has been found murdered with injuries on his head at the bus shelter near Metropole Hotel Circle in city this morning.

It is suspected that the murder may have taken place late last night and came to light this morning. The victim has been hit on the head with a weapon.

Lakshmipuram In-charge Inspector Prakash and staff, who rushed to the spot, conducted mahazar and shifted the body to MMC&RI mortuary.

DCPs Dr. A.N. Prakash Gowda and Geetha Prasanna also visited the spot and conducted preliminary enquiry besides summoning fingerprint experts and the dog squad to the spot. Though it is suspected that the murder was not for gain, the exact cause is yet to be ascertained.

Lakshmipuram Police, who have registered a case, have urged the kith and kin of the deceased, if any, to contact Lakshmipuram Police Station on Ph: 0821- 2418320 or Police Control Room on Ph: 0821-2418339.

Conmen held for cheating people with fake rice-pulling equipment

Mysuru, Sept. 30 (KS)- Devaraja Police have arrested four persons on charges of cheating people through fake rice-pulling equipment and have seized the fake rice-puller from them.

The Police, who raided two rooms of a hotel on Dhanvantri Road on Sept. 26, arrested 57-year-old M.G. Chandramohan of Chennai in Tamil Nadu, 50-year-old T.V. Ibrahim of Thennala village at Malappuram in Kerala, 49-year-old K.R. Girinadhan of Bengaluru and 40-year-old M. Gopi of Bengaluru. The accused use to show videos of rice-pullers stored in their mobile phones to lure people and cheat them to the tune of lakhs of rupees.

Those who have been cheated by the accused may contact Devaraja Inspector on Mob: 94808-02231 or Ph: 0821-2418306, according to a press release from the PRO, City Police Commissioner's Office, Mysuru.

K.R. Nagar man gets RI in harassment case

Mysuru, Sept. 30 (RK&SSV)- Sixth Additional District and Sessions Court of Mangaluru has sentenced a person to **Rigorous Imprisonment (RI)** for molesting a medical student at a hostel in Mangaluru and robbing her of money and ATM card.

The accused, Nagesh aka Naagu (30), a resident of K.R. Nagar in Mysuru district, had gained entry into a hostel on the outskirts of Mangaluru on December 5, 2017, tied hands and legs of a medic and had molested her. Then he escaped with cash and ATM card.

The case was registered by Police Inspector Gopikrishna of Ullal Police Station and it was further investigated by Deputy Commissioner of Police (DCP) Uma Prashanth. Subsequently, the charge-sheet was filed in the Mangaluru Court.

The case came up for hearing before Saidunnisa, Judge of sixth Additional District and Sessions Court, who after going all documentary evidences and the statement of witnesses, sentenced him to seven-year Rigorous Imprisonment plus a fine of Rs. 10,000. If he fails to pay fine amount, he must undergo one more year of simple imprisonment; another seven years of jail term and Rs.10,000 fine for threatening and an additional one year simple imprisonment if failed to pay penalty; and five years of RI and Rs. 5,000 fine amount for sexual harassment and an additional one year simple imprisonment if failed to pay the fine amount.

Jairam Shetty, Public Prosecutor, argued on behalf of the Government. As many as 25 witnesses were examined during trial.

NLSIU Amendment Act

HC quashes domicile quota

Bengaluru, Sept. 30 (SSV)- The Karnataka High Court has quashed the 25 percent horizontal domicile reservation introduced by the State Government in National Law School of India University (NLSIU), Bengaluru, through the NLSIU Amendment Act, 2020.

A Division Bench, comprising Justice B.V. Nagarathna and Justice B.V. Hosmani, held that only the Executive Council of the Law School can consider the issue of reservation and not the State Government.

The Court also observed that the Law School is autonomous and independent institution and does not come under the State Government.

The Bench struck down the reservation stating that it does not meet the twin tests under Article 14 of the Constitution.

An aspirant student, an alumnus of the Law School and the Bar Council of India had challenged the amendment.

The State Government had introduced the quota through NLSIU Amendment Act, 2020, for students who studied in Karnataka for 10 years preceding the Common Law Admission Test.

Obituary

Sathyanarayana Shetty

Mysuru, Sept. 30- Sathyanarayana Shetty (80), a technician at Sri Krishna Electricals in city and a resident of Kuvempunagar here, passed away yesterday in city.

He leaves behind his wife, two sons and a host of relatives and friends.

Last rites were held at Muktidhama at Vijayanagar 4th Stage this morning, according to family sources.

Rtn. B.S. Sadananda

Somwarpet: Rtn. B.S. Sadananda (63), a Rotarian and Proprietor of Aloka Restaurant, passed away last evening in the town. He leaves behind his wife, two sons and a host of relatives and friends.

Sadananda had served as the President and Assistant Governor of Rotary and was also the President of Traders' Association. He was a office-bearer of various organisations and was the President of Somwarpet's Vivekananda Jayantyotsava Committee.

Last rites were held in the town, according to family sources.

WORLD HEART DAY ON SEPT. 29

Rare heart diseases

Symptoms and treatment

By Dr. J. Rajagopal
HoD & Chief Interventional Cardiologist, Cauvery Heart & Multi-Speciality Hospital, Mysuru

CAUVERY
Heart & Multi-Speciality Hospital
Caring for life

This World Heart Day, which was observed yesterday, let us understand some lesser known heart diseases:

When we think of heart diseases, the foremost that comes to our mind is the coronary artery diseases or the heart attacks. It's a fact that this group of heart diseases accounts for almost 50% of all heart patients. But there are many other heart diseases, which are quite prevalent as well. We shall understand some of them.

Congenital heart diseases

As their name indicates, these are defects of the heart seen at birth. Commonly they are known as, "Hole in the heart." They occur in four per thousand live births.

They are usually detected at birth or in the first few years of life. These include the typical "holes" called Atrial Septal Defect (ASD) and Ventricular Septal Defect (VSD).

Other common congenital heart diseases include the Patent Ductus Arteriosus (PDA) and valve problems like aortic valve abnormalities (aortic stenosis, coarctation, etc.).

Here the babies present with constant cold and cough and sometimes severe infection like pneumonia (recurrent respiratory infection).

Infants often fail to gain weight and appear thin and irritable. Sometimes the kids develop a bluish colour of the skin and lips due to mixing of the fresh blood and venous blood. This is called "cyanosis."

Sometimes these defects go unrecognised in childhood and present in teenagers or even in adults.

These defects are easily correctable if identified properly, either by surgery or by newer methods called device closures.

Device closure is done through a key hole in the groin and a button like plug called the "device" is inserted to close the hole.

However, it is to be noted that if the treatment is delayed beyond certain age, there occurs irreversible changes in the lungs and heart and surgery is not possible.

Hence, parents have to recognise and report symptoms like unusual fatigue, laboured or fast breathing or recurrent cold or cough and get the kids evaluated early.

Cardiomyopathy

This group of heart diseases is characterised by a "weak heart." The heart is made up of highly specialised muscle tissue which pump blood efficiently throughout the life.

When this efficiency comes down without a known reason, they are called cardiomyopathies. The most common is dilated cardiomyopathy or the "big or enlarged heart."

It can occur as the end result of major heart attacks or simply without any reason. Certain drugs like anti-cancer medicines can cause this. Viral infection is one of the common causes of viral cardiomyopathy. Some viruses cause heart to become weak by affecting the heart directly or indirectly through inflammatory process called "Myocarditis."

It usually occurs in young females but no age is exempted.

The heart function is measured by echocardiogram and can accurately diagnose this condition.

Any person with breathing difficulties on walking, inability to lie down flat on the bed, getting up at night with breathing difficulties have to undergo an echocardiogram to rule out these diseases.

Treatment for them is mainly through medicines to effectively improve the heart efficiency or the Ejection Fraction (EF).

Treatment is usually lifelong.

Patients definitely get better and sometimes completely normal with treatment.

Diet and fluid restriction plays an important role. Salt intake should be less than 3 grams per day.

Peripartum Cardiomyopathy

This is a special type of cardiomyopathy occurring as a result of pregnancy and labour. It manifests shortly after delivery of the baby. Patients develop fatigue and breathing difficulties while working or walking. They can also get complications like heart failure.

The most important point to note is that this condition is fully reversible in a majority of patients especially if treated earlier.

Hypertrophic Cardiomyopathy

This unusual type of disease has thick and bulky heart muscle tissue, which has less efficiency. Moreover, there's some sort of an obstruction to blood flow inside the heart. These patients can get giddiness or chest pain or even breathing difficulties.

This can occur in groups in families or close relatives.

Treatment consists of surgical removal of the obstructing muscles. Newer method is called "Alcohol septal ablation," in which we create a "controlled heart attack" by injecting chemical or absolute alcohol (100% purity) selectively. This has a high success rate with less complications.

Accessory pathways or abnormal electrical pathways

This group of heart diseases present with episodic palpitations or fast heart beating and sometimes giddiness and loss of consciousness.

The cause is due to an abnormal electrical connection between two chambers of the heart.

These connections or "pathways" sometimes become active and trigger the heart rate to become fast or irregular.

It's just like an electrical short-circuit which happens at our homes.

Sometimes this irregularity becomes permanent and is called "atrial fibrillation." This might be the end result of various conditions like long standing high blood pressure, old age, etc.

We have to thus report any abnormally like fast beating or giddiness. A simple ECG at that time will diagnose this condition.

It's easily curable by a non-surgical key-hole process called as Electro-Physiological (EP) study and Radio-Frequency Ablation (RFA)

Complete Heart Blocks or Bradyarrhythmia

Here the heart rate becomes very slow. It may reach less than 30 beats per minute also (normal is between 50 to 90). It presents as increased fatigue and loss of energy. It can cause giddiness and loss of consciousness. At this point, it's a life-threatening condition.

Treatment is insertion of a permanent pacemaker. It's a relatively low risk procedure done under local anesthesia. The battery or the "pacemaker" is inserted under the skin below the clavicle and the leads are connected through the vein into the heart.

These are examples of rare diseases, symptoms of which we often overlook. Increased awareness about them is required in order to recognise early and get the treatment done on time.

PU Colleges faculty oppose merger of Board

Bengaluru, Sept.30- The Principals, Teaching and Non-teaching faculty of Pre-University Colleges of the State have strongly opposed the Government's reported move to merge Pre-University Exam Board with Karnataka Secondary Education Examination Board.

The PU College Teaching and Non-teaching fraternity have formed a Joint Action Committee to oppose the Government's proposed Board merger plan and the Committee held its first meeting at Legislator's Home in the State capital on Sunday.

PU College Lecturers Association President A.H. Ningegowda said it is not right on the part of the Government to go for the merger without taking the teaching faculty into confidence. The Association will write to the Education Minister in this regard. The lecturers will launch an agitation if the Government does not drop the proposed merger, he said.

He further said that the Joint Action Committee has a good number of office-bearers, who chiefly include MLC and PU College Principals Association President K.T. Srikantegowda, Lecturers Association Hon. President Thimmaiah Purle and Non-teaching Faculty Association President Nandish.

Legislative Council polls for 4 seats on Oct.28

Bengaluru, Sept.30 (SSV)- The biennial election to the Karnataka Legislative Council from two Graduates' and Teachers' Constituencies will be held on Oct. 28 from 8 am to 5 pm.

The election was necessitated due to retirement of four members — R. Chowda Reddy Thoopalli from South-East Graduates' Constituency, S.V. Sankanur from West Graduates' Constituency, Sharanappa Mattur from North-East Teachers' Constituency and Puttanna from Bangalore Teachers' Constituency on June 30.

The Election Commission, having considered the inputs received from Chief Electoral Officer of Karnataka, has now decided that above mentioned biennial election to the Karnataka State Legislative Council from Graduates' and Teachers' Constituencies, be held on Oct. 28.

Notification will be issued on Oct. 1. Last date for filing nominations is Oct. 8, scrutiny of nominations on Oct. 9 and last date for withdrawal of candidature is Oct. 12. The counting of votes will be held on Nov. 2.

Sweet shop owners sore over Government's order on display of 'expiry date'

Mysuru, Sept. 30 (RK&SSV)- An order by Food Safety and Standards Authority of India (FSSAI) making it mandatory for sweet shops to declare the 'expiry date' or 'best before date' of all sweets available in the shop from Oct. 1 has evoked mixed response among shop owners.

A majority of them have strongly opposed this order as 'unscientific' and demanded the Union Government to withdraw it. The FSSAI had passed this order in March this year, in the wake of complaints from customers regarding sub-standard or expiry dated sweets sold across table in many sweet shops across the country. While this order will be implemented by Health Department Cell of Mysuru City Corporation (MCC) in the city, it is done by Health and Family Welfare in rural areas.

Owners of sweet shops with whom *Star of Mysore* spoke expressed their reservation about the order. They opined more than serving the said purpose, it will make officials more corrupt.

Shivakumar, Proprietor of Mahalakshmi Sweets, said: "We are already displaying date of manufacturing and best before date on the parcel package. Going by order, we will mention best before date even on trays in which the sweets are displayed within the glass showcase. This will be followed in all our branches."

Anilkumar, owner of Bombay Tiffany's Annexe, said there is no clarity in the order and they have not seen it till date. They will take a call after seeing the order by evening.

Kumar, owner of Guru Sweets, one of the oldest sweet shops in city and inventors of 'Mysorepak,' said: "First of all, they did not have any objection if order was issued on improving quality but declaring best before date of all sweets was 'uncalled for.' The Authority has targeted only the shops but what about the sweets like chikkies sold on trains without any details. The order is only to harass the shop owners by officials to make money. Some sweets have hardly a day shelf life and what about mentioning best before date for them?"

Sonu Chandra of Indra Café Paras, said: "The packed sweets contain date of manufacture and date of expiry. Following order, they may put the same on the trays in shops for the sake of customers."

C. Narayanagowda, President, Mysuru Hotel Owners' Association, said that already they were facing problems owing to food safety rules and the new order on sweet shops will further complicate their business. "We will oppose this order tooth and nail," he added.

Narayana Kundar, Vice-President, Mysuru City Hotel Owners' Credit Co-operative Society, said: "The new order will strangulate the already hit hotel business. The authorities can take action if customers complain of selling sub-standard sweets. The Government must withdraw this order in the interest of revival of hospitality sector."

Cleaning of Palace cannons begins

Mysuru, Sept. 30 (MTY&KS) - A team of 30 City Armed Reserve (CAR) personnel of the Cannon Unit today began cleaning of seven Palace cannons for Dasara, which is just 17 days away. A 21-round cannon salute will be offered before the commencement of *Jumboo Savari* on *Vijayadashami Day* (Oct. 26).

The Cannon Unit team is led by CAR Sub-Inspector Siddaraju and headed by City Police Commissioner Dr. Chandragupta, CAR DCP Shivaraj and ACP Sudarshan.

Four cannons were cleaned today and the remaining three would be cleaned tomorrow.

The Forest Department has sought the date to bring the five Dasara elephants to accustom them to cannon firing sound and also to get used to the crowd.

Puja to the cannons will be performed on Friday and also dry firing of cannons would be held on that day.

On the day of *Vijayadashami*, cannons are fired for 21 times outside the Palace Fort to signal the beginning of procession, which marks the Dasara grand finale. To prevent the jumbos from getting nervous, the rehearsal of cannon gunfire is conducted three to four times in the run-up to the Dasara finale every year.

Pay Rs. 50 for Platform ticket at City Railway Station

Mysuru, Sept. 30- In view of the entire country going into an overdrive following the spread of COVID-19 contagion, the platform ticket charge at Mysuru City Railway Station has been increased to Rs.50 from Rs. 10 with immediate effect and will remain the same till Dec.31, 2020. The increase in rate of platform ticket aims to restrict the entry of public and thus avoid overcrowding on platforms.

The following special trains are originating/ terminating/running via Mysuru Station:

1. Train No. 06503/06504 KSR Bengaluru - Mysuru - KSR Bengaluru (Daily) Special Express

2. Train No. 06539/06540 KSR Bengaluru - Mysuru - KSR Bengaluru (Daily) Special Express

3. Train No. 06535/06536 Mysuru - Solapur - Mysuru (Daily) Special Express

4. Train No. 06581/06582 Hubballi - Mysuru - Hubballi (Daily) Special Express

5. Train No. 02975/02976 Mysuru - Jaipur - Mysuru (Bi-Weekly) Superfast Special Express

6. Train No. 06517/06518 KSR Bengaluru - Mangaluru Central - KSR Bengaluru (Tri-Weekly) Special Express.

Facility Management, Cleaning and Hygiene Sciences courses in city

JSS Science & Technology University ties up with Academy for Workplace Excellence promoted by Schevaran

Mysuru, Sept. 30- The Academy for Workplace Excellence (AWE) has signed a Memorandum of Understanding (MoU) with JSS Science and Technology University (JSS S&TU), Mysuru, to offer a variety of courses in Facility Management as well as Cleaning and Hygiene Sciences at JSS S&TU campus.

The MoU was exchanged between Dr. L. Jawahar Nesan, Vice-Chancellor, JSS S&TU and K. Sam Cherian, Chairman, Board of Governors, AWE.

Dr. S.A. Dhanaraj, Registrar, Dr. Mallikarjun Aradhya, Dean of Research, Dr. N. Haraprasad, Deputy Registrar and S. Maheshan, Assistant Registrar representing JSS S&TU and Dr. T.N. Bhavanishankar, Director, Schevaran Innovation Centre representing Schevaran Laboratories Pvt Ltd., were present on the occasion.

Both JSS S&TU and AWE recognise that with the rapid advances in building design, owner and occupant expectations and technology deployment, there is an increased awareness in the need for qualified professionals to manage all these support services at global standards. These professionals are known as Facility Managers.

Facilities Management professionals can make a significant difference to the efficiency and productivity of a company, its staff and its clients. Using their specialised skills and best business practice, a company's operating costs can be reduced while its productivity is increased.

The nascent Academy for Workplace Excellence is promoted by Schevaran Cleanfix Academy of Cleaning Sciences Pvt. Ltd. which brings together the wealth of global experience from Schevaran Laboratories Pvt. Ltd., India's leading manufacturer of quality cleaning and hygiene chemicals with a focus on safe and environmental friendly product formulations; Cleanfix AG, Switzerland, an internationally acclaimed company involved in manufacturing cleaning machines with in-built Swiss precision and Filmop International srl from Italy who are the world's largest manufacturer of manual cleaning equipment for professional use.

These industry giants have come together to ensure that world class formal training in Facility Management is available within India and South Asia.

INDIAN NAVY
AN OCEAN OF OPPORTUNITIES
Indian Navy invites online application for a four year B.Tech degree course under the 10+2 (B.Tech) Cadet Entry Scheme from unmarried eligible Male candidates who have passed Senior Secondary Examination (10+2 Pattern) or its equivalent examinations from any Board with at least 70% aggregate marks in Physics, Chemistry and Mathematics (PCM) and at least 50% marks in English (either in class Xth or class XIIth).
ONLINE REGISTRATION OPEN FROM 06 OCT 2020 TO 20 OCT 2020
ENTRY | AGE | GENDER | TYPE OF COMMISSION
10+2 (B.Tech) Cadet Entry | Born between 02 Jul 2001 and 01 Jan 2004; both date inclusive. | Male only | Permanent Commission
Note: 1. Identity proof is mandatory for online registration. For details visit www.joinindiannavy.gov.in & Employment News dated 03 Oct 2020.
2. Candidates should have appeared for JEE (Main) - 2020 (for B.E/B.Tech) exam. Call up for Service Selection Board (SSB) will be issued on the basis of JEE (Main) - 2020 All India Rank and preference of the Candidate.
3. Please read the instructions given in the website carefully before submitting your "e-Application" form. Your candidature will be cancelled if any declaration is found wrong at any stage of selection process.
Scan this QR Code to apply online

In this week's Pet Talk, Maneka speaks about chicken — its diet, playtime, illness & more

Pet Talk

Maneka Gandhi

How to play with a chick?

It's important to the health of your chick that she receives plenty of attention from you. Chicks are friendly and curious and can form a bond with you. In addition, it can be fun to watch your chick's interactions with you and other chicks. Give your chick a name and make sure to talk to her using this name during your play. Hold and stroke her for at least a few minutes many times a day. Consider allowing her time to roam outside of her habitat during the day. However, make sure you watch her during this time so she doesn't injure herself or doesn't fall prey to another animal.

How to check the illness of a chicken?

Maintaining the habitat and feeding your chick properly will go far in keeping her healthy. However, it's good to check your chick and her waste every day to ensure that she is healthy and not showing potential signs of illness. Check or listen for signs of wheezing or limping, which can signal a problem with your chick's lungs or leg development. Examine your chick's poop, too. Diarrhoea can cause matted feathers or clogged cloacae, which are the openings to the digestive and urinary tracts.

How to help a chick during its adult transition?

a) Watch for feathers. One of the first signs of your chick developing into an adult chicken is her sprouting feathers. In most cases, you will see feathers developing a few days after your chick has hatched.

b) Feed your chick her starter rations until she is about 18 weeks old. At about 18-20 weeks, switch her food to a layer feed, which has extra calcium to help her grow. These feeds have the right protein, vitamins, and nutrients to help your chick grow into a chicken. Make sure your chick has a consistent source of clean food and water. Spread it in her habitat and keep a dish of water readily available. As your chick grows, you may want to check the habitat a few times a day to ensure that your chick has enough food and water.

c) Move your chick into a coop. Your chick will eventually outgrow her cosy habitat that you created. Even if you plan on allowing your chick to range freely on your property, she will still need a coop to protect her from predators and bad weather.

d) Keep the coop clean. Your growing chick will continue to need a clean habitat to promote her health and well-being. Sweep out the coop at least once a week and check the food and water dishes daily to ensure there isn't any mouldy or old food or algae growing on the water.

Why does my chick look awkward?

It's common for your chick to go through a phase of looking awkward while she is transitioning. Don't be surprised if she has long, gangly legs and scraggly feathers. This phase is comparatively short.

My chicken started to moult and is now almost bald. What should I do?

This is natural for chickens. When they go through their moulting phase, they will get bald patches and often lose their tail feathers. It may grow back soon after the phase ends, or it may take a while. You'll just have to be patient.

Do chickens eat vegetables?

Chickens love fruit and vegetables and you can give them this daily. Most cooked or raw vegetables are okay to feed your chickens. Suggestions include broccoli, carrots (cooked or shredded), cabbage, chard, cucumbers, kale, lettuce, pumpkins, spinach, squash, sweet potatoes, and tomatoes. You are safe to feed chickens pretty much any vegetable or fruit except any raw green peels (such as green potato peel) and any citric fruits such as oranges and lemons.

What time do I leave my chickens out in the morning?

Normally around sunrise or when day gets light is best.

Can worms get into chicken eggs and would it be harmful?

Roundworms are the most common type of worm to infest a chicken. Very occasionally in severe cases, a worm can migrate to the hens' oviduct and a worm will be found inside an egg. Deworming is the giving of an anthelmintic drug to rid them of parasites, such as roundworm, flukes and tapeworm.

What causes worms in chickens?

Chickens can get roundworms from a variety of sources, including wild birds or earthworms, but they are most commonly spread amongst a flock by faecal contamination of food or water supplies.

What disinfectant is good for my chickens?

White vinegar, baking soda, and sunlight can all do an amazing job of killing bacteria, mould, and pathogens. Ultraviolet rays are also a powerful disinfectant, and vinegar kills many types of mould, as does baking soda. Using all in combination will keep your chicken feeders and waterers clean and your chickens healthy.

Why do chickens stop laying eggs?

Chickens stop laying eggs for a variety of reasons. Hens may lay fewer eggs due to light, stress, poor nutrition, moult or age. Some of these reasons are natural responses, while others can be fixed with simple changes and egg laying can return to normal. You need to give them better food, more exercise, fresh water and check for parasites.

What happens if one of my chickens gets sick?

Take him/ her to a veterinarian that specialises in avian medicine or farm animals.

To join the animal welfare movement contact
gandhim@*nic.in*
www.peopleforanimalsindia.org

PFA HELPLINE

Savitha Nagabhushan - 9845654429
DOGS, PUPPIES, CATS, KITTENS AVAILABLE FOR ADOPTION [Contact: Ph: 0821-2598213]
Timings: 8 am to 8 pm

SEND YOUR QUESTIONS

Readers with queries about their pets health, care and behavioural issues may send their questions to *SOM* : *voice@starofmysore.com*

Tit... The 11 O'Clock Bird

Tzeee....Tzeeee....Tzeeeee... the familiar sound of the grey and black bird, the size of a Sparrow, quite often mistaken for the male House Sparrow, is that of Cinereous Tit - Parus Cinereous. Until recent times, called as the Great Tit - Parus major, it has now been renamed under the Clementine's Checklist of Birds in Bird Taxonomy as Cinereous Tit and given the Taxonomical name Parus cinereous.

They are often found in pairs, visiting home gardens, gleaning insects and spiders under the plants leaves. Constantly flitting from branch to branch in the shrubs, with a constant chirping, Tzeeee....Tzeeeee....Tzeeee.... with a metallic sound, they sometimes get into the garages looking for spiders and other insects in the rafters.

11 O'Clock Bird...?

Yes, it is fondly referred to as the 11 O'Clock Bird, by birders, because of its habit of visiting gardens around that time regularly. One can check on this and find it very interesting.

These birds are always in pairs, or parents with their fledglings in tow. These birds are insectivorous and forage on the plant infesting insects, hidden under the leaves, which the human eyes always miss to see. They do not forage on grains or fruits. Hence, very helpful in pest eradication from the home gardens. These birds are very human-friendly and they are the first to accept a bird bath and it is a joy to watch these birds taking baths. While one takes a bath, the other keeps a watch. They love to bathe. A Bird Bath in the garden can be placed under some tree or shrub, to protect them from raptors taking them unaware while bathing. A Bird Bath will attract these birds and they can get quite bold, by tolerating human presence watching them.

It is fun to watch the fledglings (young birds that are trying to be independent) of these birds, taking a community bath — all two or sometimes three of them together bathing, and having great fun, like our children do in swimming pools or rivers.

These birds nest in boxes, if provided by home gardeners, but very often they select the switch or fuse boxes on electric poles. A Nest Box, no poison spraying to the home gardens and a clean water trough, is all these birds ask from us.

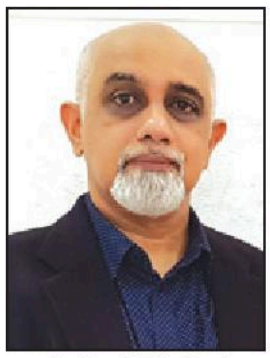
We owe them this much at least. Don't we? The planet belongs to them too.

—Ragoo Rao, Ethologist

[Pic. by *SOM* reader H.S. Sreeranjini]

World Heart Day amid COVID-19

Yet, we must act



By Dr. M.N. Ravi
Senior Heart Specialist and Director, Narayana Multispeciality Hospital, Mysuru

Narayana Health
Health for all. All for health.

Use heart to beat heart disease is the theme for World Heart Day 2020, observed on Sept. 29. This prods the health care professional to help people make positive changes to safeguard their health and 'act in ways' that support the most vulnerable in society — those with known heart disease that may put them at greater risk in the time of COVID 19. This is also the clarion call for heart patients during the COVID 19 pandemic.

Hospitals worldwide including India received and treated less than 50% of usual numbers, particularly those needing emergency heart care in the last six months. A leading cardiologist at the national capital stated that while patients seeking emergency services for heart conditions reduced, there was a marked increase in deaths from cardiac arrest at home. This could be due to delay or postponement in patients seeking urgent medical attention.

Patients delayed coming to the hospital due to Corona scare and ended up with problems like heart failure or even death. This would also be true in patients needing dialysis, treatment for cancer or strokes. Avoiding hospital visit and denying themselves urgent medical attention for fear of COVID 19, is it justified?

Medical organisations across the world like the ICMR have issued guidelines for managing heart patients during the pandemic. Establishing separate facility for managing non-COVID disease with negligible risk of COVID 19 transmission is a reality in hospitals of repute.

Different publications from across the globe have noted the increased risks associated with inadequately treated hypertension, diabetes, existing heart disease, heart attacks, heart failure and enhanced morbidity and mortality of such patients infected with COVID-19. Other high risk groups include elderly and frail people, also pregnant women with concomitant heart disease.

Patient above 60 years of age, hypertension, diabetes, obesity with COVID-19 infection have up to 5 times increased risk of dying from it. Patients with the above mentioned risk factors should not hesitate to seek medical help to keep their medical condition under control.

COVID-19 is a spectrum disease, ranging from being asymptomatic to causing critical illness. The virus also affects previously healthy hearts and also young individuals and in multiple ways. COVID-19 manifestation in the heart includes myocarditis (direct injury) causing heart failure or increasing clotting in the heart vessels causing heart attacks. Clots in the head and neck vessels could cause brain strokes. Such patients need emergency treatment and ICU care and should reach out to hospitals.

COVID-19 affects and exacerbates conditions in patients with heart disease and these patients are susceptible to more severe form of COVID-19. "It's like one big stress test for the heart," said Dr. Ridker, Professor of Medicine at Brigham and Women's Hospital, USA. This stress is compounded if the lungs are infected and incapable of adequate gas exchange. This further diminishes oxygen supply to the heart. Case fatality rate for COVID-19 in patients with Cardiovascular disease including heart failure is reported to be as high as 10.5% compared to fatality rate of 2.3% in general population.

It is known that most viruses often affect those with underlying illnesses more critically than those in better health. Any infection in the body, like in the skin, bone or muscle or diseased kidney, liver or heart with infection can release inflammatory substances. When these molecules reach the possible site of nidus in the wall of the blood vessel, already a site of atheromatous plaque, the molecules like the cytokines can boost the inflammatory response and trigger a heart attack. All sources of infection and inflammation need early attention to prevent catastrophes.

73% of COVID-19 deaths in India are linked to underlying health issues such as diabetes, hypertension, cardiovascular and respiratory diseases. Reports from Centre for Disease Control and Prevention and other health agencies showed that the risk of a fatal outcome from COVID-19 is upto 50% higher in patients with diabetes. Awareness which is key in other times is everything during the pandemic.

A key pillar of COVID-19 pandemic management is to create awareness to seek medical care in patients with existing heart disease, heart attacks, diabetes, hypertension, lung disease, kidney disease, cancer, infections and immunocompromised conditions.

Affordable and uninterrupted health services are a must. These conditions and COVID-19 infection cut across all sectors and income levels.

Meeting the challenges of creating awareness to seek immediate medical help and treating those most at risk from COVID-19 would be critical to containing damage and enhancing care in the long term. The health care fraternity should come together to spread the message before, during and after the World Heart Day.

Teaching community in shock

DDPI, 25 teachers test Corona Positive

Mysuru, Sept.30 (SPN& SSV)- Teaching community in the district is in a state of shock after 25 teachers, Deputy Director of Public Instruction (DDPI) and four staff members in his office have tested Corona positive.

This came to light after a free COVID test was conducted for teachers belonging to Mysuru City North, South and Taluk, said T.A. Somegowda, General Secretary, Government Primary School Teachers' Association.

According to him, as many as 500 teachers underwent COVID-19 test of which 25 teachers tested positive. Besides, DDPI and four clerks in his office too have contracted the Coronavirus last week. Two teachers in Hunsur Block Education Officer's jurisdiction who had participated in 'Nali-Kali' training programme have also reportedly contracted the virus, he said.

Somegowda claimed that the staff at DDPI office were working without social distancing due to lack of space and this was said to be the main reason for the outbreak of pandemic in that office. Urgent steps must be initiated to save the employees from pandemic. Hygiene is absent in the office and some employees attend duty without wearing face masks, he alleged.

Cancel training programmes for teachers

The State Government has introduced 'Vidyagama' scheme under which teachers visit every house of their students to monitor their progress as well as to address problems, if any. Though it was a good initiative keeping in view the academic progress of kids, it was risky for teachers due to prevalence of COVID-19 everywhere. Amidst this, the Department is holding 'Nali-Kali' and 'Jeevan Koushal' training programme for teachers in all taluks. While teachers are involved in Corona awareness campaign, they were only becoming the victims of this virus. Need of the hour was to cancel all kinds of training for teachers till the situation becomes normal, he opined.

Corona hits MUDA?

According to reports, several employees of Mysuru Urban Development Authority (MUDA) are said to have tested Corona positive and a few of them are admitted to Hospital for treatment.

Five persons working in DDPI office have tested positive for Corona. A free test is being organised for teachers of Mysuru district where some are said to have tested positive. Details are awaited. It will be shared with media when it is available.

—Udaykumar, Education Officer, Office of DDPI

It is true that Mysuru DDPI has tested Corona positive. Free test of teachers is going on in Mysuru city and some taluks in the last two-three days. The number of Corona positive teachers will be known today.

—Dr. Venkatesh, District Health Officer

ಕಾವೇರಿ ನೀರಾವರಿ ನಿಗಮ ನಿಯಮಿತ
(ಕರ್ನಾಟಕ ಸರ್ಕಾರದ ಒಂದು ಉದ್ಯಮ)
ಕಾರ್ಯಪಾಲಕ ಇಂಜಿನಿಯರ್‌ರವರ ಕಛೇರಿ,
ಕಬಿನಿ ಜಲಾಶಯ ವಿಭಾಗ, ಕಬಿನಿ ಕಾಲೋನಿ.

ಅಲ್ಪಾವಧಿ ಟೆಂಡರ್ ಪ್ರಕಟಣೆ ಸಂಖ್ಯೆ : 06/2020-21 ದಿನಾಂಕ : 25.09.2020

ಸಂಕ್ಷಿಪ್ತ ಟೆಂಡರ್ ಪ್ರಕಟಣೆ (ಇ-ಪ್ರೊಕ್ಯೂರ್‌ಮೆಂಟ್‌ನಲ್ಲಿ ಮಾತ್ರ)

ವ್ಯವಸ್ಥಾಪಕ ನಿರ್ದೇಶಕರು, ಕಾವೇರಿ ನೀರಾವರಿ ನಿಗಮ ನಿಯಮಿತ, ಮೈಸೂರು ಇವರ ಪರವಾಗಿ ಕರ್ನಾಟಕ ಸರ್ಕಾರದ ಲೋಕೋಪಯೋಗಿ ಇಲಾಖೆಯಲ್ಲಿ / ಜಲಸಂಪನ್ಮೂಲ ಇಲಾಖೆಯಲ್ಲಿ/ ಕೇಂದ್ರ ಲೋಕೋಪಯೋಗಿ ಇಲಾಖೆಯಲ್ಲಿ/ ಕಛೇರಿಯಲ್ಲಿ ಇತರೆ ಸರ್ಕಾರದ ಅಧೀನ ಸಂಸ್ಥೆಗಳಲ್ಲಿ ಸೂಕ್ತ ದರ್ಜೆಯಲ್ಲಿ ನೊಂದಾಯಿಸಿ ನಂತರ ಕಾವೇರಿ ನೀರಾವರಿ ನಿಗಮ ನಿಯಮಿತ, ಮೈಸೂರು ಕಛೇರಿಯಲ್ಲಿ ಹೆಸರು ದಾಖಲಿಸಿರುವ ಅರ್ಹ ಗುತ್ತಿಗೆದಾರರುಗಳಿಂದ ಐದಂವಾರು ಟೆಂಡರ್‌ಗಳನ್ನು ಇ-ಟೆಂಡರ್ ಪದ್ಧತಿಯಲ್ಲಿ ಕರೆಯಲಾಗಿದೆ.

ರೂ.128.61 ಲಕ್ಷಗಳ ಮೌಲ್ಯದ ಒಟ್ಟು 8 ಕಾಮಗಾರಿಗಳನ್ನು ಟೆಂಡರ್ ಕರೆಯಲಾಗಿದ್ದು, ಕಾಮಗಾರಿಯ ಗರಿಷ್ಠ ಅಂದಾಜು **ಮೊತ್ತ 44.13 ಲಕ್ಷಗಳು ಮತ್ತು ಕನಿಷ್ಠ 2.67 ಲಕ್ಷಗಳಾಗಿರುತ್ತದೆ. ಗರಿಷ್ಠ ಇ.ಎಂ.ಡಿ. 88,300 ರೂ.ಗಳು ಮತ್ತು ಕನಿಷ್ಠ ಇ.ಎಂ.ಡಿ. 6,700 ರೂ.ಗಳಾಗಿರುತ್ತದೆ.** ಸದರಿ ಕಾಮಗಾರಿಗಳಿಗೆ ಟೆಂಡರ್‌ನ್ನು ಕಾವೇರಿ ನೀರಾವರಿ ನಿಗಮ ನಿಯಮಿತದಲ್ಲಿ ಕಡ್ಡಾಯವಾಗಿ ಹೆಸರು ನೋಂದಾಯಿಸಿರುವ ಅರ್ಹ ಗುತ್ತಿಗೆದಾರರಿಂದ ಆರ್ಜ ಆಹ್ವಾನಿಸಲಾಗಿದೆ.

ಟೆಂಡರ್ ಪ್ರೊಸೆಸಿಂಗ್ ಶುಲ್ಕ ಮತ್ತು ಇ.ಎಂ.ಡಿ. ಮೊತ್ತ ಇ-ಪ್ರೊಕ್ಯೂರ್‌ಮೆಂಟ್ ಪ್ರಕಾರ, ವಿವರಗಳನ್ನು ಅಂತರ್ಜಾಲದ ಮೂಲಕ ವೆಬ್‌ಸೈಟ್ ವಿಳಾಸ: **www.eproc.karnataka.gov.in** ರಲ್ಲಿ ಪಡೆಯಬಹುದು. ಆನ್‌ಲೈನ್ ಮೂಲಕ ಭರ್ತಿ ಮಾಡಿದ ಟೆಂಡರ್‌ಗಳನ್ನು ಹಾಗೂ ಇ.ಎಂ.ಡಿ. ಯೊಂದಿಗೆ ಸಲ್ಲಿಸುವ ಕೊನೆಯ **ದಿನಾಂಕ: 09.10.2020 ರಂದು ಸಂಜೆ 4.00 ಗಂಟೆಯವರೆಗೆ.** ಟೆಂಡರ್ ಬಿಡ್‌ಗಳನ್ನು ತೆರೆಯುವ **ದಿನಾಂಕ: 12.10.2020 ರಂದು ಬೆಳಿಗ್ಗೆ 11.00 ಗಂಟೆಗೆ.** ಹೆಚ್ಚಿನ ವಿವರಗಳನ್ನು ಸದರಿ ಕಛೇರಿಯಿಂದ ಪಡೆಯಬಹುದಾಗಿದೆ.

ಸಹಿ/-
ಕಾರ್ಯಪಾಲಕ ಇಂಜಿನಿಯರ್,
ಕಬಿನಿ ಜಲಾಶಯ ವಿಭಾಗ,
ಕಬಿನಿ ಕಾಲೋನಿ

ಜಾಹೀರಾತು/ಮೈಸೂರು/ಎಸ್‌ಎಸ್‌ಒ/522/2020-21

WORD OF THE DAY

Operose

Pronunciation: AH-puh-rohss.
Meaning: Tedious, wearisome.
Origin: Operose comes from the Latin operōsus, which has the meaning of "diligent," "painstaking" or "laborious." That word combines opera, meaning "activity," "effort," or "work," with -ōsus—the Latin equivalent of the English -ose and -ous suffixes, meaning "full of" or "abounding in." In its earliest uses, in the mid-16th century, the word was used to describe people who are industrious or painstaking in their efforts. About a century later, the word was being applied as it more commonly is today: as an adjective describing tasks and undertakings requiring much time and effort.
Example: "Reading this biography reminded me that Lawrence's prose, though old-fashioned and a bit operose, is full of beautiful things." — Matthew Walther

THE ODD WORD

Obsign

To seal or confirm.

PHRASE OF THE DAY

On the ropes

Meaning: If someone is "on the ropes," it means they are in a desperate or bleak situation.
Origin: It's believed that the origins of this phrase come from boxing. This is why: Being on the ropes is considered a bad place to be in boxing. Why is that? Because boxers typically fight in a ring and along the edges of the ring are ropes. When a boxer is backed into a corner (or they're up against the ropes), their movement is severely restricted. As a result, this makes it a lot more challenging for them to dodge incoming punches from their opponent. Moreover, a boxer who is hit with a few heavy punches can easily be thrown off balance. To prevent themselves from falling down, they might try to grab onto the ropes. Hence, if a boxer is literally on the ropes, that means they are in a tough spot.
So anyways, it looks like this boxing term went on to later be used as a metaphor when referring to people who were in difficult situations. These people having a rough time are like boxers were are "on the ropes."
The earliest appearance of this saying that I could find the year 1820. It is written in Blackwood's Magazine, and the phrase is being used as a boxing term: "At the close of one round, when Bill had got his adversary on the ropes, he went over him in a summerset, in a way that we do not not remember to have seen practised either before or since."

QUOTE BOX

We learn the rope of life by untying its knots. **—Jean Toomer**

RIDDLE THIS

Solve the rebus:

Answer: Forgive and Forget.

SUDOKU

1	5							4
		7				5		1
	4		2		1		7	
		2		7		8		
			5		3			
		6		4		7		
	7		3		8		1	
3		4				2		
9							5	8

Answer to previous puzzle

Sudoku is a number-placing puzzle based on a 9x9 grid with several given numbers. The object is to place the numbers 1 to 9 in the empty squares so that each row, each column and each 3x3 box contains the same number only once. The difficulty level of the Concept is Sudoku increases from Monday to Sunday.

CROSS WORD

ACROSS:

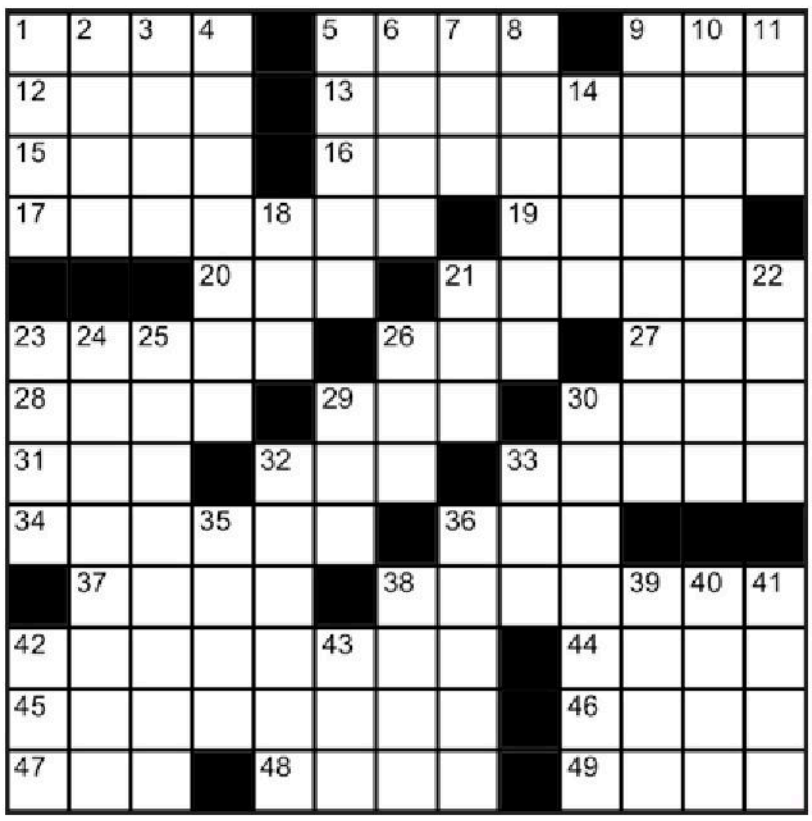
1 Bollywood's Bipasha ___
5 Current fashions or craze
9 Large monkey
12 Words from a confident person (1,3)
13 Can be aped
15 Clapton of music
16 Keep in mind
17 Amends, makes better
19 Partly carbonised vegetable matter, turf
20 ___ a ___ , in light of
21 Narrow sea arms
23 Clean with a broom
26 Lair of a lion
27 I owe you, in short
28 A young salmon
29 Bren or Sten
30 Swiss river - change of "area"?
31 Significant period
32 Neap's opposite
33 Showy actions
34 Literary compositions
36 Invoice fig.
37 Vast, immense
38 River mouth
42 Indefatigable
44 On the briny
45 A small musical and dramatic composition - "to peer at" anagram?
46 It causes snow and ice to melt
47 Random Hse. mail
48 To be stocked to overflowing
49 To gain by work

YESTERDAY'S ANSWER

A	P	A	■	D	C	I	V	■	S	W	A	M
M	L	S	■	R	A	T	I	■	H	E	R	R
L	O	T	H	A	R	I	O	■	O	D	E	S
A	D	I	E	U	■	S	L	A	G	■	■	■
■	■	■	A	G	O	■	A	M	U	S	E	S
L	O	A	T	H	E	D	■	A	N	T	A	E
A	P	L	■	T	R	I	A	L	■	O	R	T
T	I	A	R	A	■	V	A	G	R	A	N	T
H	E	R	A	L	D	■	L	A	O	■	■	■
■	■	■	R	E	A	P	■	M	O	V	I	E
Y	U	L	E	■	R	E	T	A	K	I	N	G
E	P	O	S	■	T	R	O	T	■	A	N	G
W	I	L	T	■	S	K	Y	E	■	L	S	S

DOWN

1 Movable stand on which coffin or corpse rests
2 Some land or change of "care"?
3 Agent Vinod onscreen
4 Reveal
5 Companies or business houses
6 Ex-England wicket keeper Leslie ___
7 Poorly lit
8 Enter or intervene (4,2)
9 Pertaining to the head of a monastery
10 Over-abundance
11 "Ever", in short, for the poet
14 New World abbr. - "Ream" anagram?
18 To tear away
21 Marsh
22 Hard animal fat
23 WWI German admiral
24 Various naval units
25 Deletions or eradications
26 Confer knighthood
29 Monogram of the comment's speaker
30 Induce, compel or persuade
32 Type of embroidery
33 CPR specialist
35 Ripening agent
36 Guwahati locale
38 Italian noble family
39 Choti si ___... : that sweet song from "Roja"?
40 The back end
41 Sign of tiredness
42 Male cat
43 Estimated Time En route



CRYPTOQUIP

The Cryptoquip is a substitution cipher in which one letter stands for another. If you think that X equals O, it will equal O throughout the puzzle. Single letters, short words and words using an apostrophe give you clues to locating vowels. Solution is by trial and error.

LS IYCSW QSKQOS QOSYWSM ZAJL LAI UP IYCAET

JLSI GAXWJ QOSYWSM ZAJL JLSIWSORSW.

TODAY'S CLUE: Q EQUALS P

Yesterday's Cryptoquip: The aim of flattery is to soothe and encourage us by assuring us of the truth of an opinion we have already formed about ourselves.

SRH beat DC by 15 runs

Abu Dhabi, Sept. 30- David Warner sealed a win in his 50th IPL match as captain after Sunrisers Hyderabad (SRH) beat Delhi Capitals (DC) by 15 runs at Sheikh Zayed Stadium in Abu Dhabi and secured their first win of the IPL 2020 yesterday.

After electing to bowl in Abu Dhabi, DC kept SRH openers — Warner and Jonny Bairstow — in check, bowling some tight lines, and the approach almost gave them their first wicket in the fifth over after Bairstow was hit onto the pads. While DC opted for a review, Bairstow as the on-field decision of not-out stayed.

SRH, though, started to make a move as Warner hit a six and four in the last over of the power-play and Bairstow hit one across the ropes in the 7th over as SRH crossed the fifty-run mark.

The Warner-Bairstow duo, meanwhile, was lightening fast between the wickets, sprinting across for singles and doubles. The SRH skipper started to open his shoulder, hitting Ishant Sharma for a six and reverse-sweeping Amit Mishra for a four.

However, DC struck in the 10th over to dismiss Warner, after the left-hander was adjudged out via DRS after gloving one to the wicketkeeper, giving Mishra his first wicket. The leg-spinner struck once again in his next over as Manish Pandey holed out in the deep in the 12th over.

Kane Williamson, playing his first game of the season, then, joined Bairstow in the middle and SRH moved past the 100-run mark in 14th over. A couple of overs later, Williamson played a couple of cracking shots off Anrich Nortje to push SRH close to 130. In the 17th over, the New Zealand skipper took on Marcus Stoinis, hitting 2 fours. Bairstow, then, brought up his 50 in 18th over, but departed in the same over as Kagiso Rabada dismissed the SRH opener for 53.

Rashid Khan of SRH returned with the figures of 3/14.

Following Bairstow's fall, Abdul Samad, making his debut, came out to bat. The young right-hander hit a four and a six and scored an unbeaten 12 off 7 balls. Williamson, meanwhile, got out in the final over after scoring a valuable 41 off 26 balls and SRH posted 162/4 in their quota of 20 overs.

Defending 162, SRH struck in the first over as Bhuvneshwar Kumar got Prithvi Shaw out two.

DC skipper Shreyas Iyer and Shikhar Dhawan, then, added 40 runs together, but Rashid Khan's introduction into the attack gave SRH their second wicket as Iyer fell for 17 after being caught by Samad in the deep.

The leg-spinner struck soon after as he got the wicket of Dhawan. The DC opener got out in the 12th over after scoring 34.

In the next over, Abhishek Sharma could not hold on to a sharp chance to dismiss Rishabh Pant and the DC wicket-keeper-batsman made SRH pay for the same with two successive sixes. Two overs later, Shimron Hetmyer went big and slammed two sixes off Khaleel Ahmed's bowling as DC moved past hundred. But, the West Indian batsman got out in the next over, trying to go for another big hit, as Bhuvneshwar scalped his second wicket of the match.

Pant, though, hit two fours in the same over as DC moved to 114/4 after the end of the 16th over. Rashid returned to bowl his final over of the day and the 17th over of the innings, and got Pant's wicket after the left-hander went aerial and Priyam Garg pouched one safely in the deep.

Natarajan then trapped Marcus Stoinis before the wickets in 18th over. DC needed 37 off last 2 overs and Bhuvneshwar conceded not more than 9 runs in the penultimate over. While DC scored 12 runs in the last over, SRH managed to seal a 15-run win.

IPL 2020

Today's Match (SEPT. 30)

RR Vs KKR

Dubai Intl. Cricket Stadium, Dubai, **7.30 pm (IST)**

Tomorrow's Match (OCT. 1)

KXIP Vs MI

Sheikh Zayed Stadium, Abu Dhabi, **7.30 pm (IST)**

Yesterday's Result

SRH 162/4 (20 Overs) beat **DC 147/7 (20 Overs)**

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French Open: Thiem, Djokovic ease into second round

Dominic Thiem

Novak Djokovic

Paris, Sept. 30- US Open champion and third seed Dominic Thiem eased into the Roland Garros second round on Tuesday with a 6-4, 6-3, 6-3 win over Croatia's Marin Cilic. Thiem, the runner-up to Rafael Nadal in Paris in the last two years, will face American qualifier Jack Sock for a place in the last 32.

Novak Djokovic's bid to become the first man in half a century to win all four Grand Slam titles twice got off to a straight-forward start Tuesday at Roland Garros as a 'double bounce' row prompted calls for video replays to be introduced in tennis.

World number one Djokovic, returning to Grand Slam action for the first time since his US Open disqualification, eased past Sweden's Mikael Ymer, ranked 80, in straight sets 6-0, 6-2, 6-3. It was his 32nd win in 33 matches in 2020 and kept him on course for a second French Open title following his 2016 triumph, and 18th career major. The 33-year-old is in the second round for a record-equalling 16th time, matching Guillermo Vilas and Nadal.

Kristina Mladenovic calls for VAR in tennis

Paris, Sept. 30- Kristina Mladenovic called for a football-style VAR system to be introduced in tennis after her opponent profited from a double bounce to help knock the Frenchwoman out of her home Grand Slam.

Mladenovic was 5-1 up and with a set point against Laura Siegemund when the German scooped a winner despite the ball appearing to bounce twice.

The incident was missed by chair umpire Eva Asderaki.

World number 44 Mladenovic pleaded in vain before Siegemund took full advantage, racing into the next round with a 7-5, 6-3 win.

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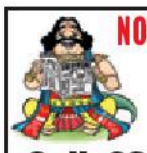
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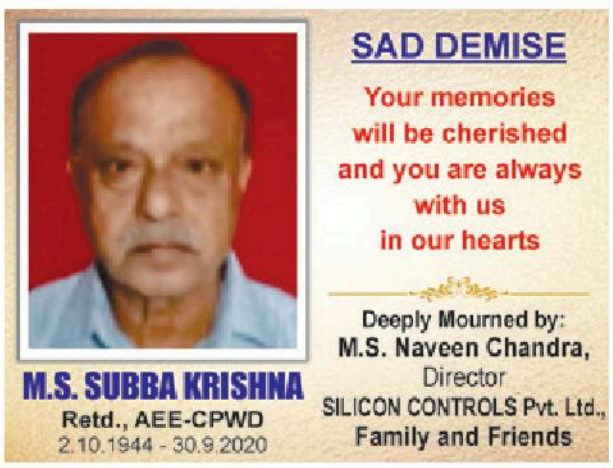
Negotiation Notification-10/2020-21 & E-Tender Notification-11/2020-21

K.S.R.T.C, Mandya Division, Mandya Negotiation applications are invited at Nagamangala bus stand General stall-1,2 & hotel, Kikkery Bus stand- General stall-2 & Hotel, Belakavadi bus stand-Hotel, Srirangapattana bus stand- General stall-10, Melukote Bus stand- General stall-1 Madduru Bus stand-Generall stall-2, two wheeler parking stand(O.P) & General stall-4(O.P), Koppa bus stand-general stall-1 and K.M.Doddi Bus stand-Hotel & General stall-1 for the licensee selection, submitting Negotiation application and **Application fee & EMD D.D's submission date:17.10.2020 at 10.30 to dt:19.10.2020 at 17.00. and Negotiation will be Held on Date:20.10.2020 At 11.30 am and E-Tender applications are invited** at, Pandavapura Bus stand- General stall-2, Srirangapattana bus stand- Two wheeler parking stand(O.P) and Melukote bus stand-Hotel for the licensee selection. The interested tenderer visit the web site http://www.eproc.karnataka.gov.in Last date for submitting Tender application in e-portal: Date:-29.10.2020. At 17.00.Tender will be opened on Date:23.10.2020 At 11.30 am. Tender documents and D.D's submission date:21.10.2020 at 10.30 to dt:22.10.2020 at 17.00. and visit the web site "http://www.ksrtc.in" or KSRTC, Mandya Division, Mandya for more details. Contact no.77609960852, 7760990861,7337680837.

Sd/-
Divisional Controller
KSRTC, Mandya Division

DIPR/DDU/124/AKAR/2020-21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Tender Reference No.	BARC/MYS/BLDG31/CES/12/2020-21
Name of work	Site area grading for upcoming Building No. 31 at BARC plant site, Mysuru.
Estimated Cost	Rs 4.25 Crore (Rupees Four Crore Twenty Five Lakhs only)
Earnest Money Deposit	Rs. 8.50 Lakhs (Rupees Eight Lakhs Fifty Thousand only)
Period of Completion	06 Months
Tender Sale Period	From 01.10.2020 (1100 hrs) To 16.10.2020 (1800 hrs)

Interested tenderers may please refer detailed Notice Inviting Tender (NIT) for eligibility criteria and other details, which can be downloaded from web site **www.tenderwizard.com/dae** and **www.barc.gov.in**

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- **PRODUCTION HEAD** - Degree in Mechanical / Production Engineering Min 15-25 years experience
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- **STORES IN-CHARGE** - Min 2-3 years in Mfg. sector
- **ASSISTANT MANAGER FINANCE** - Min 5-6 Years Exp.,

Candidates can email their resumes to :
hr@s3vvascular.com

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